



LUXURY SENIOR LIVING

50th Edge

The Blissful Journey of Life

Volume - 1 | April 2025 | Issue: 4



Founder's Message

The Healing Power of Being Seen

Dear Friends,

There's a silent truth that many of us carry as we age:

It's not the grey hair or the aching knees that weigh the most—

It's the feeling of becoming invisible in a world that's always rushing forward.

I recently met an elderly gentleman who quietly said, "You know, no one asks me how I feel anymore. Not really. They

ask if I've taken my medicines or if I've eaten—but not how I'm doing inside."

And that stayed with me. Long after the conversation ended, those words lingered. Because isn't that what we all long for? Not just care, but connection. Not just to be alive, but to be felt.

Health, in its truest sense, is not just about a strong heart or stable vitals.

It's about a reason to wake up each morning with hope.

It's about having someone remember your favorite song, your morning routine, or that story you've told a hundred times—but still listen like it's new.

"The greatest healing therapy is friendship and love."

– Hubert H. Humphrey



In today's world, where seniors often find themselves alone in crowded cities or behind closed doors in silent homes, this kind of healing is rare. But it doesn't have to be. We can—and we must—create spaces where ageing doesn't mean fading, but flowering.

Imagine a community where every voice matters, no matter how weathered.

Where well-being isn't just managed, but nurtured.

Where elders don't just live longer—but love longer, laugh louder, and feel deeply, every single day.

This is what Earth Village dares to dream. A place where health is holistic, healing is human, and age is not a limit—but a legacy.

Because the truth is—

“We don't stop playing because we grow old; we grow old because we stop playing.”

– George Bernard Shaw

And in the right environment, with the right people, we never really have to stop.

Let's reimagine these later years as something more than survival.

Let's see them for what they truly are: the most profound chapter

of the human story—rich with wisdom, humor, tenderness, and meaning.

A new kind of wellness is possible. One where medical care walks hand in hand with emotional warmth.

Where time isn't just measured in years, but in laughter, shared meals, spontaneous songs, and quiet afternoons spent in good company.

This April, let us plant the seed of that vision. Let us nurture it.

And when Earth Village opens its doors, let it not just be a place.

Let it be a promise—to never let our elders feel unseen again.



LUXURY SENIOR LIVING



More Than Age: The Healing Power of Feeling Seen

What if the secret to thriving as we age was simply to be seen? As we grow older, we often find ourselves fading into the background, overlooked and unheard. But the truth is, it's not the years we've lived that define

us — it's the connections we share, the love we give, and the joy we still carry in our hearts. When we're seen, truly seen, it breathes new life into us. It reminds us of our worth, our passions, and our ability to keep moving forward with purpose.

At Earth Village, we're committed to creating a space where seniors are celebrated,

not for what they can't do, but for everything they are. It's in the shared stories, the spontaneous laughter, and the simple moments of connection that we find the real healing. Just like Bhagwani Devi, who sprinted into history at 94, age becomes just a number when we feel valued, loved, and understood. That's the power of being seen — and it's what keeps the spirit alive.





Age is Just a Number: Celebrating Unstoppable Spirits

The Story of Bhagwani Devi — From Athlete to Eternal Inspiration

At an age when the world expects you to slow down, Bhagwani Devi chose to sprint — not just against time, but against every limiting belief society holds about ageing.

At 94 years old, she didn't just participate in a race; she rewrote

history. Clocking 24.74 seconds in the 100-meter sprint, Bhagwani Devi clinched a gold medal at the World Masters Athletics Championships in Finland. But what she truly won was far greater — hearts, respect, and a renewed belief in the boundless spirit of our seniors.

Her journey from a small village in Haryana to the global stage isn't just a tale of athleticism — it's a testament to resilience, self-belief, and the fire that refuses to dim with age.

“As long as I can breathe, I will keep running... for myself, and for those who think they can't.”

– Bhagwani Devi

With every stride, she broke stereotypes. With every breath, she proved that ageing is not the end of possibilities, but the beginning of new legacies. She became more than an athlete — she became a movement.



LUXURY SENIOR LIVING

The True Essence of Health for Seniors: Community, Connection, and Care

Just like Bhagwani Devi, who proved that age is no barrier to greatness, health for seniors isn't just about physical vitality or the medicines on a prescription—it's about having the support, community, and connections that make life worth living. As we saw in her journey, it's not just about pushing boundaries on the track, but about the strength of spirit that thrives when surrounded by the right environment. Social well-being — being part of a community that sees you, values you, and supports your journey — is just as crucial to a senior's health as any medication.

In a world where isolation is a growing challenge for the elderly, living in a thriving, nurturing community becomes vital to their well-being. A community that promotes social connection, joy, and purpose offers more than just a place to live; it offers a reason to keep going, to keep living fully. At Earth Village, we believe in creating spaces where seniors can live with dignity and joy, where they are not just surviving but flourishing. Because health for all goes beyond physical care—it's about giving our elders a community that nurtures them in mind, body, and spirit, just as Bhagwani Devi found her strength not only in herself but in a world that encouraged her to run.





A Gentle Promise to Myself

Mindful ageing — Because These Years Are Mine

There comes a time in life when the race slows, the noise dims — and for the first time in decades, we can hear ourselves again.

What do we want?

Not just to live longer. But to live deeper. With joy. With calm. With that unshakeable sense that this — this — is still our time.

So here's a quiet vow. A soft, steady whisper to myself:

I promise to begin each day with stillness.

Not out of habit — but as a way to listen.

To my breath. My body. My heart.
A few quiet moments. A mindful

stretch. A morning sunbeam on my face.

I promise to move because I can — not because I must.

A morning walk. A swim. A yoga pose. A game of badminton with a friend.

Each movement is a celebration of everything my body has carried me through.

I will honour it — not by pushing it, but by partnering with it.

I promise to eat with joy, not just discipline.

A warm bowl of soup. A crunchy salad. A nostalgic family recipe.

I will choose what nourishes me, yes —





LUXURY SENIOR LIVING



But also what delights me.
Because every meal is a memory
in the making.

**I promise to keep learning,
laughing, and playing.**

A painting class. A poetry
reading. A new hobby. A long-
forgotten song.

I'm not done discovering. Not by
a long shot.

And I owe it to myself to keep
that curiosity alive.

**I promise to show up — for
myself, and for others.**

To be part of conversations,
communities, causes.

To sit around shared tables. To
laugh at old jokes.

To remind others — and
myself — that ageing is not
disappearing.

It's becoming more visible than
ever.

And above all — I promise to
stop waiting.

Not for the perfect plan. Not for
permission.

This is my time.

Not what's left of it — but the
very heart of it.

And I will live it fully. Boldly.
Joyfully.

Because I've earned this life
— not just to survive it, but to
savor it.

And I'm not done dreaming. Not
even close.

"This is my time. And I will live
it well."





LUXURY SENIOR LIVING



Until We Meet Again: A New Beginning in Every Ending

As we draw the curtains on this month's reflections, one truth echoes louder than ever —

growing older isn't about slowing down; it's about showing up. For ourselves. For each other. For the life we still have the power to shape.

At Earth Village, we're not just building a place to live — we're nurturing a way to feel alive. In every sunrise walk, in every

shared cup of chai, in every conversation that starts with "Do you remember..." and ends in laughter, we're celebrating the extraordinary beauty of ordinary moments.

This isn't just about homes. It's about belonging.





So, whether you're 60 or 90, whether you're still sprinting like Bhagwani Devi or slowing down to savor the breeze — know this: the best chapters are

often the ones we write when we finally have the time to listen to our hearts.

Live joyfully. Love freely. Age fearlessly.

Until next time, keep that spark alive.

Because you are not just growing older. You are growing more you.



LUXURY SENIOR LIVING

City Office: Plot No. GA-116, Gayatri Vihar, Chandrasekharpur, P.O. KIIT,
Bhubaneswar- 751024, District- Khordha, Ph: 9090 1111 77

Edited By - Bhagyashree Dash

Designed By - Srinivas Sahu



earthvillageofficial



_earthvillage



_earthvillage



_earthvillage

